

Santa Clara County Legal Professionals Association



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PROUDLY PRESENTS

January 2025 Membership Meeting

"A MINDFUL APPROACH TO WORK/LIFE BALANCE IN A 24/7 WORLD"



Let's focus on our well-being at work: How might we put on our "oxygen mask" first?

Learn about intentional practices and strategies that are mindful, embodied, trauma resilient, and inclusive to support our well-being, and then support others at work

Featuring Guest Speaker: Kelli Parmley Director of Human Resources City of Milpitas



Kelli Parmley is the Director of Human Resources for the City of Milpitas. She has more than 25 years of experience in the public sector, public higher education, not-for-profits, and now local government. In her journey as an HR professional, Kelli has embraced the spirit of putting the "human" into Human Resources and has focused in the last few years on creating trauma-resilient work cultures, creating engaging and meaningful learning and development programs, and championing leadership development that is both trauma resilient and equity-focused.

Wednesday, January 8, 2025

6:00 p.m.: Registration/Dinner/Meeting 6:30 p.m. – 7:30 p.m.: Program

Wilson Sonsini Goodrich & Rosati 650 Page Mill Road, Conference Room TBD Palo Alto, CA

HYBRID MEETING

\$35.00: Dinner and program for members and non-members \$15.00: Remote via MS Teams

Please register and pay by credit card on our "Upcoming Events" page at www.sccolpa.org/events.

If you have any questions, email us at reservations@sccolpa.org.

This activity has been approved for CCLS credit in the amount of 1.0 hour(s).